

# Yoga Workshop-Mendocino

with

## Janet MacLeod

### March 11-13, 2022



## Class Times and Fees:

Friday	5:30 - 7:30 pm	\$50
Saturday	10 am - 12:30 pm	\$60
	2:30 - 4:30 pm	\$50
Sunday	8:00-9:30 am	\$40

Sign up for entire workshop before March 1 \$180

After March 1 \$200

Refunds less \$20 handling fee if cancelled before 3/1/22;  
no refunds after 3/1/22 unless your space can be filled from a waiting list.

Complete form below and mail w/check paid to Janet MacLeod to:

Name \_\_\_\_\_

Address \_\_\_\_\_

City \_\_\_\_\_

Phone \_\_\_\_\_ e-mail \_\_\_\_\_

Janet MacLeod  
2755 San Bruno Ave  
P.O. Box 347155  
San Francisco, CA 94134

Attending: Fri, March 11 \_\_\_\_\_

Sat., March 12 \_\_\_\_\_ am \_\_\_\_\_ pm

Sun., March 13 \_\_\_\_\_ am

**Please bring: 3 blankets; 1/2 blocks; 1 sticky mat; 1 belt; e-mail Janet letting her know which of these props you DON'T have so we can provide as necessary. All classes to be held in:**

*The Community Room at the COMMUNITY CENTER of MENDOCINO  
998 School Street @ Pine (nr. the intersection of Little Lake Rd and Highway 1)*

**Please secure accommodation before signing up**