



Fig Garden Yoga Studio

presents

Janet MacLeod Weekend

(www.jmacleodyoga.com)

October 12-13, 2018

Class Times and Fees:

Friday, 10/12, 6:00-8:00 pm
Restorative/Gentle Poses, Breath Awareness All Levels Welcome

\$45

Saturday, 10/13, 9:00-11:00 am
General Class Focused on Shoulders, Upper Back & Neck All Levels Welcome

\$45

Saturday, 10/13, 1:00-3:00 pm
General Class Focused on Hips, Lower Back & SI Joints All Levels Welcome

\$45



Take any two sessions and earn a \$10 discount. Take all three sessions for \$120.

Complete form below and mail with check made out to Fig Garden Yoga Studio to:

Fig Garden Yoga Studio
6045 N. Palm, Ste. A
Fresno, CA 93704

Refunds less \$20 handling fee if cancelled before 10/08/18. No refunds after 10/08/18 unless your spot can be filled from a waiting list.

Janet MacLeod Weekend Registration Form

Name: _____ Phone: _____

Address: _____

City, State, Zip: _____ Email: _____

Attending: Friday, Oct 12 pm _____
Saturday, Oct 13 am _____
Saturday, Oct 13 pm _____

Amount of enclosed check: \$_____

6045 N. Palm Ave., Ste. A Fresno, CA 93704 ☯ 559-222-5100
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