



Fig Garden Yoga Studio

presents

Janet MacLeod Weekend

(www.jmacleodyoga.com)

October 20-21, 2017

Class Times and Fees:

Friday, 10/20, 6:00-8:00 pm \$45
Restorative/Gentle Poses, Breath Awareness
All Levels Welcome

Saturday, 10/21, 9:00-11:00 am \$45
General Class Focused on Shoulders, Upper Back & Neck
All Levels Welcome

Saturday, 10/21, 1:00-3:00 pm \$45
General Class Focused on Hips, Lower Back & SI Joints
All Levels Welcome



Take any two sessions and earn a \$10 discount. Take all three sessions for \$120.

Complete form below and mail with check made out to Fig Garden Yoga Studio to:

Fig Garden Yoga Studio
 6045 N. Palm, Ste. A
 Fresno, CA 93704

Refunds less \$20 handling fee if cancelled before 10/17/17. No refunds after 10/17/17 unless your spot can be filled from a waiting list.

Janet MacLeod Weekend Registration Form

Name: _____ Phone: _____

Address: _____

City, State, Zip: _____ Email: _____

Attending: Friday, Oct. 20 pm _____
 Saturday, Oct 21 am _____
 Saturday, Oct. 21 pm _____

Amount of enclosed check: \$_____

6045 N. Palm Ave., Ste. A Fresno, CA 93704 ☯ 559-222-5100
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